



LAKEFRONT SOCCER CLUB

Lakefront Soccer Club Indoor Soccer Field

RULES

- All players must keep all equipment and personal belongings in their bags.
 - Do NOT run on the concrete - it will get slippery if wet.
 - No metal studded cleats allowed
 - Shin guards are **required** during practice and games.
 - Wear your practice t-shirts to all training session.
- No GUM, FOOD or DRINKS BESIDES WATER are allowed on the turf.
 - **Balls are to be used only when on the field.**
 - No bouncing or kicking balls off the walls.
 - No balls are allowed on the second floor
 - Bring a correctly inflated soccer ball.
 - No sliding on turf
 - Pick up garbage and equipment after your practice
 - No hanging on the goals or black netting
 - Players need to bring their own water bottle.
 - Only coaches and players are allowed on the indoor turf.
 - Only use Emergency Doors for Emergencies
- The facility is always open unless a State of Emergency in Monroe County is issued.

Players Code of Conduct

- Respect the facility and the equipment
 - Respect all coaches
 - Respect all teammates
 - Come with a desire to learn
 - Try your best